



# CONTACT TRACING: TIPS AND TRICKS

Do your part  
  
Wyoming

USING PEN AND PAPER TO  
IDENTIFY YOUR CLOSE  
CONTACTS



## HOW IT WORKS

1. A sick patient tests positive for COVID-19.
2. The Department of Health calls the patient to ask for their close contacts.
3. Close contacts of lab-confirmed cases will be treated as probable cases, and they will also be contacted by phone.



## WHAT IS CONTACT TRACING?

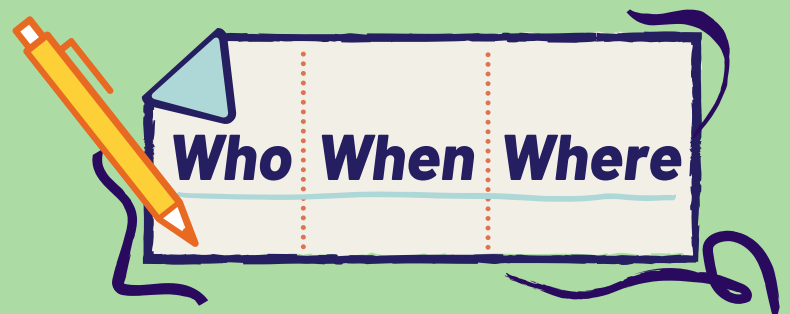
The process of detecting probable COVID-19 cases by identifying your close contacts.



Anyone can carry COVID-19 without showing symptoms, and their close contacts may be unknowingly spreading the virus.

## HOW TO CONTACT TRACE

- 1 Use three columns to log your close contacts in a notebook:



- 2 A close contact is someone you have been within 6 feet of for more than 10 minutes
- 3 Update your notebook once a day
- 4 If your physician asks for your close contacts, reference your notebook



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